

All your favorite brands –

Savings for the Holiday Season!

Look for over 65 coupons throughout the store.



find savings throughout the store!



save with **coop deals.**

\$1.00 off

Amore
Any cooking pastes or ready-to-eat vegetables

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$2.00 off 2

Annie's
Any two boxes of GrassFed or SuperMac mac and cheese

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

Artisan Tropic
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$2.00 off

Artisana Organics
Any 8 oz. or 14 oz. jar

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$2.00 off

Aura Cacia
Any essential oil

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$5.00 off

Barlean's
Any 16 oz. liquid item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

Beekeeper's Naturals
Any item (excludes single serve items)

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

BelGioioso
Any cheese wedges or boards

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off 2

Beyond Meat
Any two breakfast sausages or patties

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

80¢ off

Bionaturae
Any fruit spread or nectar

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**

find savings throughout the store!



save with **coop deals.**

\$2.00 off

Boiron
Any Oscillo 12 dose

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

75¢ off

Canyon Bakehouse
Any frozen item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

Cappello's
Any cookie dough or biscuits

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

ChildLife Essentials
Any item

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

Cocomels
Any coconut candy or bites

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$4.00 off

Comvita
Any manuka honey item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

Dr. Bronner's
Any 30 oz. coconut oil

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

Eco Lips
Any lip balm

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

EO
Any lotion, body oil or hand cream

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

Epic
Any 14 oz. broth or 11 oz. fat item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**

find savings throughout the store!



save with **coop deals.**

\$1.00 off

Essentia Water
Any 50.7 fl. oz. water

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

75¢ off

Essential Baking Company
Any bread item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$2.00 off 2

Every Man Jack
Any two items
(excludes travel sizes)

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$2.00 off

Everyone
Any 8 oz. or 32 oz. lotion

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

Explore Cuisine
Any pasta item

Present one coupon per item purchased. Limit of four coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$4.00 off

Floradix
Any item

Present one coupon per item purchased. Limit of three coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

50¢ off

Food For Life
Any English muffin

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

Frontier Co-op
Any bottled spice,
herb or extract

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$3.00 off

Garden of Life
Any kids supplement
(excludes baby items)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

75¢ off

Happy Family Brands
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**

find savings throughout the store!



save with **coop deals.**

\$1.00 off

Himalaya
Any oral care item
(excludes travel sized items)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.50 off

Hu
Any bar, 4 oz. hunks
or baking chips

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

Jason Naturals
Any soap, bath or
hair care item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

70¢ off

Jovial
Any Einkorn cookie
or cracker

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$3.00 off

Juniper Ridge
Any item

Present one coupon per item purchased. Limit of three coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

Kalona Supernatural
Any 32 fl. oz. organic
whole milk kefir

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

50¢ off

Kirk's
Any bar of soap

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$2.00 off 2

Laird Superfood
Any two items

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$2.00 off

Little Secrets
Any multi-serve item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

Made Good
Any 3.4 oz. or larger item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**

find savings throughout the store!



save with **coop deals.**

\$1.50 off 2

Made In Nature
Any two 3 oz.-8 oz.
dried fruit items

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$5.00 off

Mineral Fusion
Any cosmetic or nail item

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$2.00 off

Natural Factors
Any Pharma Gaba, full-size
Suntheanine or full-size
Tranquil Sleep

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$2.00 off 2

Numi
Any two items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$2.00 off

Oregon's Wild Harvest
Any capsule, extract
or tonic

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

Orgain
Any ready-to-drink 4-pack

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$2.00 off

Organic Prairie
Any 12 oz. summer
sausage

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

**Organicville
or Sky Valley**
Any item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off 2

Pacific Foods
Any two 16.1 oz.
or 16.3 oz. soup cans

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

ParmCrisps
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**

find savings throughout the store!



save with **coop deals.**

\$2.00 off

PlusCBD
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off 2

Poppi
Any two 12 fl. oz. cans

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

50¢ off

Probar
Any meal bar

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.50 off 2

Purely Elizabeth
Any two hot cereals

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

50¢ off

REBBL
Any 12 fl. oz. beverage

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$4.00 off

RidgeCrest Herbals
Any bottle

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$2.00 off

Sir Kensington's
Any item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.50 off 2

Snack Factory
Any two bags

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

50¢ off

South Of France
Any item
(excludes travel sizes)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$2.00 off

Sukin
Any item
(excludes travel sizes)

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 12/31/24.**

find savings throughout the store!



save with **coop deals.**

\$1.00 off

SunButter
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

The Grandpa Soap Co.
Any item
(excludes travel sizes)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

Traditional Medicinals

Any Smooth Move capsules or Throat Coat lozenges

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

Vita Coco
Any 33.8 fl. oz. coconut milk or water

Present one coupon per item purchased. Limit of six coupons per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.50 off

Wedderspoon

Any drops, pops, lozenges or throat spray

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$3.00 off

Weleda

Any facial care item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

50¢ off

White Mountain

Any Bulgarian yogurt

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$1.00 off

Wholesome

Any agave, corn syrup or molasses item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$2.00 off 2

Woodstock

Any two 8 oz. or 10 oz. frozen fruit items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**



save with **coop deals.**

\$2.00 off 2

Yachak Organic

Any two 16 fl. oz. items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/24.**