



# Member-Owner Deals

Jan 15-Feb 4



**4.99**  
Crazy Fresh  
Organic Pico De Gallo  
10 oz.

Reg. 5.99



**6.49**  
Crazy Fresh  
Organic Picomole  
11 oz.

Reg. 7.49



*Produced in Kalona, Iowa*

**3.49**  
Kalona Super Natural  
French Onion Dip  
12 oz.

Reg. 4.49



**4.49**  
Stonefire  
Naan Dippers - Original  
7.05 oz.

Reg. 5.99

*Produced in Elgin, MN*



**7.99/lb.**  
Hidden Stream Farm  
All Natural  
3 Meat Hotdogs

Reg 9.99/lb.



**7.99**  
La Terra Fina  
Dip  
Spinach Artichoke Parmesan,  
Dill Pickle, Tzatziki Feta,  
Artichoke Jalapeno - 10 oz.

Reg. 8.99

*Produced in WI*



**6.99**  
Andrew & Everett  
Shredded Mozzarella Cheese  
6 oz.

Reg. 7.99



*Freshly Baked In-House*

**4.99**  
Bakery Fresh  
Mini Chocolate Chip Cookies  
10 count

Reg. 5.99



**5.99**  
Valley Natural Foods  
Frozen Pizza Dough Balls  
2 count

Reg. 6.99



**2/\$6**  
Vive Organic  
Elderberry Immunity shot  
2 oz.

Reg. 3.49

\*Sales good while supplies last.



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**Member-Owner Deals**

**Egglife**  
Original Egg White Wrap  
6 oz.

**5.99**  
Reg. 6.99

**Member-Owner Deals**

**Mama Chia**  
Blackberry Bliss Chia Squeeze  
3.5 oz.

**1.69**  
Reg. 2.29

Look for additional Member-Owner Deals on selected items from the following brands:

- Abbot Butcher
- Alter Eco
- Fody
- Horizon
- Magic Spoon
- Mamma Chia
- Miracle Noodle
- No Bull Burgers
- Olyra
- Rind Snacks
- Suckerpunch
- Three Wishes

Not a member-owner? Start enjoying the benefits of co-op member-ownership by joining today!



[www.valleynaturalfoods.com/signup](http://www.valleynaturalfoods.com/signup)

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# REGISTER ROUND-UP

JANUARY REGISTER ROUND-UP CONTRIBUTIONS GO TO:



*Farmaste rescues farm animals from cruelty situations, where they receive vet care and live happy lives on the sanctuary.*