



# Member-Owner Deals

Feb 19 - Mar 4



**1.49/lb.**  
Organic & Local  
Green and Purple  
Cabbage

Reg. 1.99/lb.

*Freshly Made In-House*



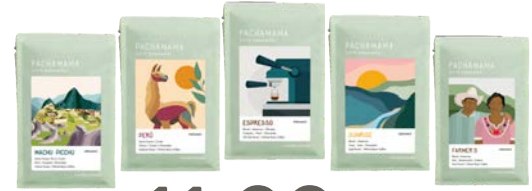
**8.99/lb.**  
Deli Fresh  
Broccoli Cranberry Salad

Reg. 10.99/lb.



**4.99**  
Biotta  
Beet Juice  
16.9 oz.

Reg. 6.99



**11.99**  
Pachamama Coffee Farmers  
Organic Coffee Beans  
Select Packaged Varieties, 10 oz.

Reg. 15.99



**8.99**  
Pacific Sustainable Seafood  
Gluten-Free  
Crispy Battered Cod  
10 oz.

Reg 10.99



**24.99**  
Valley Natural Foods  
Omega Complex  
90 softgels

Reg. 30.99



**34.99**  
Valley Natural Foods  
Krill Oil  
60 softgels

Reg. 39.99

\*Sales good while supplies last.



# Member-Owner Deals

Feb 19 - Mar 4

**Member-Owner Deals**

Better Booch  
Kombucha - Select Varieties

**2.69**  
Reg. 3.49

Feb 5-Mar 4

While supplies last

**JOIN TODAY FOR THESE DEALS AND MORE!**

Look for additional Member-Owner Deals on selected items from the following brands:

- Ayo Foods
- Better Booch
- Craize
- MotherLove
- Mr. Bing
- Pachamama
- Uncle Matt's
- Vermints

Not a member-owner? Start enjoying the benefits of co-op member-ownership by joining today!



[www.valleynaturalfoods.com/signup](http://www.valleynaturalfoods.com/signup)

\*Sales good while supplies last.



# REGISTER ROUND-UP

YOUR FEBRUARY ROUND-UP CONTRIBUTIONS WILL GO TO:



## CAP



COMMUNITY ACTION PARTNERSHIP  
OF SCOTT CARVER & DAKOTA COUNTIES

CAP Agency provides the resources, connections and support to empower people in our community to overcome social and economic barriers to self-sufficiency, and to lead healthy, connected lives with gainful employment, stable housing, and quality education.

